Suggested Food Items

ALL items must be non-perishable and UNEXPIRED. NO Glass Jars.
These are for families/individuals who request help with groceries. Sizes are flexible.

- Cereal
- Oatmeal
- Breakfast Bars/Granola Bars/Protein Bars
- Pancakes & Syrup
- Peanut Butter
- Jelly
- Crackers
- Biscuit/Corn Bread/Muffin Mix
- Hearty Soups
- Ready Made Meals (Ravioli, Spaghetti-0s, Chili, etc.)
- Cup Noodles/Ramen Noodles
- Canned Fruits & Vegetables
- Canned Meats (chicken, tuna, etc.)
- Macaroni & Cheese
- Pasta & Pasta Sauces
- Rice
- Beans
- Tortilla
- Potatoes (mashed, scalloped, etc.)
- Juice or other drinks (not refrigerated)

Misc Items (additional items requested regularly)

- DIAPERS (regularly requested)
- Deodorant
- Soap
- Toothbrush/Toothpaste
- Shampoo/Conditioner
- Laundry Detergent/Dish Detergent
- Trash Bags
- Toilet Paper
- Feminine products

Place items in the white Food Pantry Donation Bin located in hallway beside the café or give to Information Center Team.